



Frog Hollow

NEIGHBOURHOOD HOUSE | SINCE 1968

www.froghollow.bc.ca

2131 Renfrew Street
Vancouver, BC V5M 4M5

T: 604.251.1225

F: 604.254.3764

E: contact@froghollow.bc.ca

Internal / External

Cook – ‘Social Meals for Seniors’ Program

The Cook collaborates with a high-energy, client-focused team to deliver exceptional meals for older adults. The Cook is responsible for meal planning, ingredients shopping & cooking the meals with the support of volunteers.

Position: Cook – ‘Social Meals for Seniors’ Program

Days + hours of work: Total 12 meals during April 2024 to March 31, 2025*. 7 hours contracted per meal. Total 84 hours.

Eight meals will be served at Frog Hollow Neighbourhood House on Renfrew Street to a small group of 25 seniors. The other four meals will serve a larger group of seniors (75) in community settings, such as BBQ at Clinton Park or Spring Tea & Dance at Sunrise Hall.

Rate of pay: \$20 / per hour contract position

Responsibilities:

- Support the Seniors Program in delivering social meals to older adults.
- Prepare recipes and outlines of each meal.
- Maintain a safe and clean work environment.
- Support volunteers to develop skills and competencies in the kitchen environment.
- Ensure program equipment is cleaned and safely stored at the end of each session.
- Perform other related duties as required and assigned by Supervisor.
- Tentative meal dates:
 - 05/27: Dinner
 - 06/15: BBQ at Clinton Park (Seniors Week)
 - 07/22: Dinner
 - 08/19: Dinner
 - 09/16: Mid-Autumn Festival at Sunrise Hall
 - 10/28: Dinner
 - 11/25: Dinner
 - 12/11: Seniors Holiday Lunch at Frog Hollow
 - 01/27: Dinner
 - 02/14: Spring Tea + Dance at Sunrise Hall
 - 03/17: Dinner

Creating Our Community Together